



# 體育成就、榮譽及獎項 Sporting Achievements, Honours & Awards

## 體育成就 **Sporting Achievements**

在二零一五/一六年度，香港運動員於國際多項運動會及比賽均有優秀表現，贏得超過300面獎牌，當中包括76面金牌。

In 2015/16, Hong Kong athletes continued their impressive performance at Multi-Sport Games and other international competitions, winning over 300 medals, 76 of them gold.

### 國際多項運動會

#### 第二十八屆夏季世界大學生運動會 (3-14.7.2015 韓國光州)

### Multi-Sport Games

#### 28<sup>th</sup> Summer Universiade (3-14.7.2015 Gwangju, Korea)

兩年一度的夏季世界大學生運動會雲集約8,500名來自世界各地的大學生運動員作高水平競技，在比賽場上一較高下。

The biennial World University Games brought together some 8,500 university athletes from all over the world to compete at a high level.

香港派出79名運動員參加是次運動會，競逐九個體育項目，包括射箭、田徑、羽毛球、劍擊、游泳、乒乓球、跆拳道、網球及排球。游泳運動員歐鎧淳於女子50米背泳勇奪銀牌。

Hong Kong sent 79 athletes to participate in nine sporting events, including archery, athletics, badminton, fencing, swimming, table tennis, taekwondo, tennis and volleyball. Swimmer Au Hoi-shun won a silver medal in the women's 50m backstroke.



游泳運動員歐鎧淳在今屆夏季世界大學生運動會的女子50米背泳項目中摘銀。

Swimmer Au Hoi-shun won a silver medal in the women's 50m backstroke at this year's Summer Universiade.



### 第九屆全國殘疾人運動會 (12-19.9.2015 中國四川)

香港派出55人代表團參加六個體育項目，包括田徑、羽毛球、硬地滾球、游泳、乒乓球及輪椅籃球，取得合共2金3銀3銅。

射箭隊的蔡婉龍和胡同生贏得混合複合弓團體賽金牌，而羽毛球運動員王鎮炎則於男子SS6級單打奪金。此外，短跑運動員黃思恩和任國芬於女子T36級100米及200米兩個項目包辦2銀2銅，餘下的1銀1銅分別來自乒乓球的李銘業，以及硬地滾球的曾鈴茵。

### 第一屆全國青年運動會 (18-27.10.2015 中國福州)

香港派出214名運動員出席首屆全國青年運動會，角逐20個體育項目，奪得1金1銀2銅。

隊中表現最為突出的是單車運動員梁嘉儒，分別在男子公路個人賽和全能賽摘下金牌和銀牌。銅牌功臣分別為網球女子雙打的吳希澄和楊焯慧，以及羽毛球女子雙打的吳芷柔和楊雅婷。

### 9<sup>th</sup> National Games for Persons with Disabilities (12-19.9.2015 Sichuan, China)

The 55-member Hong Kong team participated in six sports, including athletics, badminton, boccia, swimming, table tennis and wheelchair basketball, and brought home 2 gold, 3 silver and 3 bronze medals.

The archery team of Choi Yuen-lung and Wu Tung-sang won a gold medal in the mixed compound team event, and badminton athlete Wong Chun-yim took gold in the SS6 men's singles event. Sprinters Wong Sze-yan and Yam Kwok-fan stormed to a combined 2 silver and 2 bronze medals in the T36 women's 100m and 200m events. The remaining medals came from table tennis (Lee Ming-yip, silver) and boccia (Tsang Ling-yan, bronze).

### 1<sup>st</sup> National Youth Games (18-27.10.2015 Fuzhou, China)

Hong Kong sent 214 athletes to participate in 20 sports at the inaugural National Youth Games, and returned with 1 gold, 1 silver and 2 bronze medals.

The standout performer was cyclist Leung Ka-yu, who won 1 gold and 1 silver medal in the men's individual road race and omnium events respectively. The 2 bronze medals came from tennis duo Ng Hei-ching and Venia Yeung, and badminton pair Ng Tsz-yau and Yeung Nga-ting in the women's doubles.



香港運動員於第九屆全國殘疾人運動會取得佳績，勇奪2金3銀3銅。

Hong Kong athletes enjoyed a successful trip to the 9<sup>th</sup> National Games for Persons with Disabilities, winning 2 gold, 3 silver and 3 bronze medals.

羽毛球運動員黃鎮炎於全國殘疾人運動會男子SS6級單打項目奪金。

Badminton athlete Wong Chun-yim took gold in the SS6 men's singles at the National Games for Persons with Disabilities.



單車運動員梁嘉儒於首屆全國青年運動會大放異采，個人獨取1金1銀。

Cyclist Leung Ka-yu excelled at the inaugural National Youth Games, winning 1 gold and 1 silver medal.

## 國際比賽

### 「A級」支援精英體育項目

#### 田徑

在二零一五年六月舉行的第二十一屆亞洲田徑錦標賽，男子4x100米接力隊的吳家鋒、蘇進康、鄧亦峻和徐志豪摘下一面銀牌。翌年二月舉行的第七屆亞洲室內田徑錦標賽，陳銘泰在跳遠項目勇奪銅牌，是他繼二零一四年在亞洲青年錦標賽取得銀牌後的重大突破，亦是香港在亞洲錦標賽的首面跳遠獎牌。

青少年隊於二零一五年五月於卡塔爾舉行的第一屆亞洲少年田徑錦標賽亦取得1金2銀佳績，當中潘幸慧在女子100米賽事造出個人最佳成績，奪得金牌，隊友林恩同和黃沅嵐亦於女子100米欄和跳高項目增添2面銀牌。

#### 羽毛球

成年羽毛球隊在年度內成績驕人，於多項頂尖國際賽事奪得合共1金2銀2銅。

在男單項目，胡贊於二零一五年四月舉行的新加坡公開賽擊敗多名猛將，包括世界排名第一的諶龍，最終摘銀牌。同年十一月舉行的Yonex-Sunrise香港公開羽毛球錦標賽，後起之秀伍家朗一鳴驚人，擊敗奧運金牌得主林丹，最終打入四強，奪得一面銅牌。魏楠則於七月舉行的Yonex中華台北羽毛球公開賽取得銅牌。

混雙方面，周凱華和李晉熙在二零一五年五月舉行的澳洲羽毛球公開賽取得突破成績，成為首支贏得超級系列賽冠軍的香港混雙組合。此外，二人於二零一五年四月的東風雪鐵龍亞洲羽毛球錦標賽再奪一面銀牌。

青少年隊的表現亦不遑多讓，吳芷柔夥拍楊雅婷於二零一六年三月舉行的荷蘭青少年賽取得女子雙打銅牌。



左起：徐志豪、吳家鋒、蘇進康和鄧亦峻（田徑）  
From left: Tsui Chi-ho, Ng Ka-fung, So Chun-hong and Tang Yik-chun (athletics)

左起：李晉熙和周凱華（羽毛球）  
From left: Lee Chun-hei and Chau Hoi-wah (badminton)

## International Competitions

### Tier A Sports

#### Athletics

At the 21<sup>st</sup> Asian Athletics Championships in June 2015, the men's 4x100m relay team of Ng Ka-fung, So Chun-hong, Tang Yik-chun and Tsui Chi-ho won the silver medal. Chan Ming-tai won a bronze medal in the men's long jump at the 7<sup>th</sup> Asian Indoor Athletics Championships in February 2016, a major breakthrough for him since winning silver at the Asian Junior Championships in 2014. His jump gave Hong Kong its first medal in the long jump at the Asian Championships level.

The junior team enjoyed a successful trip to Qatar in May 2015, winning 1 gold and 2 silver medals at the 1<sup>st</sup> Asian Youth Athletics Championships. In the girls' 100m race, Poon Hang-wai clocked a personal best time to take the gold. Teammates Lam Yan-tung and Wong Yuen-nam added to the medal tally with silver in the girls' 100m hurdles and high jump respectively.

#### Badminton

The senior team had an exceptional year, winning 1 gold, 2 silver and 2 bronze medals in top level international competitions.

In men's singles, veteran Hu Yun had an impressive silver medal performance in the men's singles at the OUE Singapore Open held in April 2015, stunning world number one Chen Long on his way to the final. Up-and-coming badminton player Ng Ka-long made an impact at the Yonex-Sunrise Hong Kong Open Badminton Championships in November 2015, finishing with a bronze after a sensational win over Olympic gold medallist Lin Dan on his way to the semi-finals. In addition, Wei Nan took the bronze medal at the Yonex Open Chinese Taipei in July 2015.

Chau Hoi-wah and Lee Chun-hei enjoyed a breakthrough win at The Star Australian Badminton Open in May 2015, becoming the first Hong Kong mixed doubles team ever to win a Superseries title. The pair also took the silver medal at the Dong Feng Citroen Badminton Asia Championships in April 2015.

The junior team performed well too, with Ng Tsz-yau and Yeung Nga-ting winning a bronze medal in the women's doubles at the Yonex Dutch Junior in March 2016.





盧浩琛 (桌球)  
Lo Ho-sum (billiard sports)

### 桌球

香港桌球隊在亞洲及世界級賽事表現超卓，當中吳安儀更榮登雙料世界冠軍。

吳安儀首先在2015 WLBSA世界女子錦標賽創出佳績，成為首位贏得世界冠軍的亞洲女子桌球運動員，隊友葉蘊妍亦取得一面銅牌。在隨後舉行的2015 IBSF世界6個紅球及隊際桌球錦標賽，狀態大勇的吳安儀再下一城，在女子個人組封后，成為雙料世界冠軍，而馮國威和李俊威亦表現出色，摘下男子隊制組銅牌。

此外，傅家俊在歐洲巡迴賽第五站奪冠，繼二零一三年後再次贏得世界排名賽冠軍，而馮國威則於2015 ACBS 亞洲6個紅球及隊際錦標賽摘下6個紅球賽銅牌。

青少年運動員亦展示出優厚潛質。張家瑋和陳銘東在2015 IBSF世界18歲以下英式桌球錦標賽男子組賽事包攬決賽兩席，最終前者奪得金牌。盧浩琛在2015世界青少年美式桌球錦標賽亦表現優秀，取得男子青年組（19歲以下）季軍。在第十六屆亞洲21歲以下桌球錦標賽，陳銘東和譚潤峰雙雙摘下個人賽銅牌。此外，卡比多羅比和盧浩琛在2015 APBU亞洲美式桌球錦標賽取得男子少青9號球雙打賽銀牌，銅牌亦落入另一組合黃仁和葉建寧手中。

### 單車

李慧詩於二零一五年十一月及翌年一月先後出戰場地單車世界盃第一站及第三站賽事，在女子爭先賽和凱琳賽合共奪得1銀2銅。隊友張敬樂亦在首站取得重大突破，於男子記分賽率先衝線，為香港在世界盃賽再摘1金。



張敬樂 (中·單車)  
Cheung King-lok (middle, cycling)

### Billiard Sports

Hong Kong had exciting results in billiards sports at both the Asian and World levels, highlighted by Ng On-ye being crowned double world champion.

At the WLBSA World Ladies Championship 2015, Ng On-ye became the first Asian woman to win the world championship, while Ip Wan-in took the bronze medal. Ng On-ye then continued her excellent form at the IBSF World 6-Red & Team Championships 2015, winning the women's individual title. Fung Kwok-wai and Lee Chun-wai also put in an impressive performance in the men's team event with a bronze medal finish.

At the European Tour Event 5, Fu Ka-chun won his first ranking title since 2013. Fung Kwok-wai also won a bronze medal in the 6-red event at the ACBS Asian 6-Red & Team Snooker Championships 2015.

The future looks bright for the juniors after an all-Hong Kong final in the inaugural IBSF World Under 18 Snooker Championships 2015, where Cheung Ka-wai and Chan Ming-tung performed well in the boys' event to win gold and silver respectively. The junior squad recorded another impressive result at the WPA World Junior Pool Championships 2015, as Lo Ho-sum took bronze in the boys' under 19 event. At the 16<sup>th</sup> Asian Under 21 Snooker Championships, Chan Ming-tung and Tam Yun-fung each won a bronze medal in the individual event. In addition, Robbie Capito and Lo Ho-sum collected a silver medal in the boys' 9-ball doubles, and Wong Yan and Yip Kin-ling took bronze in the same event at the APBU Asian Pool Championships 2015.

### Cycling

Lee Wai-sze won an impressive silver and 2 bronze medals in the women's sprint and keirin events on the first and third legs of the UCI Track Cycling World Cup in November 2015 and January 2016 respectively. Teammate Cheung King-lok achieved a major breakthrough, adding his name to the impressive list of Hong Kong riders to have won World Cup gold with his win in the men's points race in the first leg.

二零一六年三月，李慧詩保持良好狀態角逐世界場地單車錦標賽，奪得女子500米計時賽銀牌。

成年及青少年隊在二零一六年一月舉行的第三十六屆亞洲單車錦標賽暨第二十三屆亞洲青年單車錦標賽亦取得驕人成績，贏得5金9銀4銅。張敬樂憑突出表現囊括男子個人公路計時賽、公路賽及4公里個人追逐賽金牌。其他金牌功臣包括女子凱琳賽的李慧詩及女子青年計分賽的梁愷權。

山地車運動員陳振興在二零一五年八月的第二十一屆亞洲山地車錦標賽亦表現出色，摘下男子越野賽銅牌。

### 劍擊

成年隊於二零一五年六月舉行的亞洲劍擊錦標賽贏得5面銅牌，當中張家朗摘下男子花劍銅牌，並夥拍張小倫、崔浩然和楊子加取得花劍團體銅牌。女子隊亦於團體項目取得3面銅牌，分別為重劍的朱嘉望、何卓煊、江旻德和連翊希，花劍的鄭曉為、張楚瑩、連寶香和廖恩尉，以及佩劍的歐倩瑩、張藝馨、何笑妍和林衍蕙。

同年九月舉行的亞洲23歲以下劍擊錦標賽，劍擊隊再下一城，增添1金2銀2銅，金牌功臣為女子重劍項目的連翊希。

青少年隊亦不遑多讓，於二零一六年二月在沙特阿拉伯及巴林舉行的亞洲青少年劍擊錦標賽報捷，勇奪4金4銀5銅，當中張家朗在男子花劍（青年）表現出色，為港隊在該賽事的個人項目贏得一面金牌，並夥拍其他隊友摘下花劍團體（青年）金牌。此外，港隊亦於男子花劍及佩劍兩個少年團體項目奪金。

In March 2016, Lee continued her good form at the UCI Track Cycling World Championships, winning a silver medal in the women's 500m time trial.

Both the senior and junior teams enjoyed huge success at the 36<sup>th</sup> Asian Cycling Championships and the 23<sup>rd</sup> Asian Junior Cycling Championships in January 2016, winning a total of 5 gold, 9 silver and 4 bronze medals. Cheung King-lok had a great performance, winning the elite men's individual time trial and road race, and then taking the 4km individual pursuit title. Hong Kong's other golds came from Lee Wai-size in the elite women's keirin and Leung Hoi-wah in the junior women's points race.

Mountain biker Chan Chun-hing won a bronze medal in the men's cross country event at the 21<sup>st</sup> Asian Mountain Bike Championships in August 2015.

### Fencing

The senior team returned with an impressive 5 bronze medals from the Asian Fencing Championships in June 2015. Cheung Ka-long won bronze in the individual men's foil, and together with Cheung Siu-lun, Nicholas Choi and Yeung Chi-ka, took another bronze in the team foil event. The women's team won the other three medals, one each in the epee (Chu Ka-mong, Ho Cheuk-suen, Kong Man-wai and Lin Yik-hei), foil (Cheng Hiu-wai, Kimberley Cheung, Lin Po-heung and Liu Yan-wai) and sabre events (Au Sin-ying, Chang Ngai-hing, Ho Siu-in and Lam Hin-wai).

The team added 1 gold, 2 silver and 2 bronze medals to their tally at the Asian Under 23 Fencing Championships in September 2015, with the gold medal coming from Lin Yik-hei in the individual women's epee event.

The junior fencers also had a successful trip to Saudi Arabia and Bahrain for the Asian Junior & Cadet Fencing Championships in February 2016, winning 4 gold, 4 silver and 5 bronze medals. Cheung Ka-long's performance in the junior men's foil was the highlight, as he won an individual gold medal and helped the junior men's foil team take gold. The junior fencers returned home with two more team golds in the cadet men's foil and sabre categories.



張家朗 (右·劍擊)  
Cheung Ka-long (right, fencing)

## 體操

體操運動員石偉雄繼二零一四年擊敗應屆世界冠軍、歷史性贏得亞運會跳馬金牌後，於二零一五年八月舉行的第六屆競技體操亞洲錦標賽再次力壓群雄，在同一項目奪得冠軍。他同時於男子單槓取得突破成績，勇奪銀牌。

青少年隊在同月舉行的全國青少年藝術體操錦標賽同樣有優秀表現，當中陳詠詩、鄭勵臻、張程諾、黃駿盈和余施澄取得青少年A組集體全能銀牌，溫家祺、甄淳美、尤子晴、楊曉嵐和余施蕾攜手摘下青少年B組集體全能銀牌，而黃駿盈則贏得青少年A組個人全能銅牌。

## 空手道

空手道隊於年度內取得豐碩成果，在多場國際比賽贏得合共13面獎牌。

打響頭炮的是二零一五年九月舉行的第十三屆亞洲空手道錦標賽。港將在這項兩年一度的亞洲頂尖賽事中不負眾望，鄭子文和劉慕裳分別於男子及女子個人型項目奪銀，而張均樂、李振豪和曾綺婷則在組手項目各奪一銅。

緊接於月底在德國舉行的世界空手道聯盟超級聯賽分站賽事，劉慕裳更上一層樓，奪得女子個人型金牌。此外，鄭子文夥拍侯俊和洪皓崙贏得男子成年團體型金牌，而馬文心則奪得55公斤以下女子個人組手銀牌。

在十月份於奧地利舉行的分站賽，空手道隊再為港增添3面銀牌。曾綺婷和馬文心分別在50公斤以下及55公斤以下女子個人組手項目奪得銀牌，另一面銀牌則由鄭子文、侯俊和洪皓崙於男子成年團體型項目取得。

於二零一六年三月在荷蘭舉行的分站賽，空手道隊為本年度的佳績畫上圓滿句號，鄭子文、劉知名和俞灝章合力贏得男子成年團體型銀牌，而鄭子文和劉慕裳則分別摘下成人男子及女子個人型銅牌。

## Gymnastics

Gymnast Shek Wai-hung, who made history by beating the reigning world champion to win Asian Games gold in the men's vault in 2014, triumphed again in the same event with an impressive display at the 6<sup>th</sup> Senior Artistic Gymnastics Asian Championships, which concluded in August 2015. He also took silver in the men's horizontal bar, another historic breakthrough performance for Hong Kong gymnastics.

The junior team had an impressive performance at the National Youth Rhythmic Gymnastics Championships held in the same month. The team of Stacey Chan, Cheng Lai-chun, Cheung Ching-nok, Wong Jun-ying and Yu Sze-ching won a silver medal in the group's all-around (group A), while Wan Ka-kei, Yan Shun-mei, Yau Tsz-ching, Hilda Yeung and Yu Sze-nam took silver in the group's all-around (group B). Wong Jun-ying added a bronze in the girls' all-around event (group A).

## Karatedo

It was a successful year for Hong Kong's karatedo athletes, who won 13 medals in competitions around the world.

First up for the team was the 13<sup>th</sup> AKF Senior Championships in September 2015, the biennial flagship tournament for karatedo in the region. There were silver medals for Cheng Tsz-man in the male individual kata and Lau Mo-sheung in the female individual kata, plus bronzes for Cheung Kwan-lok, Lee Chun-ho and Tsang Yee-ting in the kumite categories.

Later in the month, the team headed to Germany for the Karate1 Premier League, where Lau upgraded her silver to gold, and Cheng teamed up with Hau Chun and Hung Ho-wai to take gold in the male team kata. Ma Man-sum was second in the female individual kumite -55kg event.

In October 2015, the team brought home 3 silver medals from the Karate1 Premier League in Austria. Tsang Yee-ting and Ma Man-sum won medals in the female individual kumite -50kg and -55kg events respectively, while Cheng Tsz-man, Hau Chun and Hung Ho-wai were second in the male team kata.

The team rounded up 2015/16 with 1 silver and 2 bronze medals at the Karate1 Premier League in March 2016 in the Netherlands. Cheng Tsz-man, Lau Chi-ming, Yu Ho-cheung won silver in the male team kata, while Cheng and Lau Mo-sheung won a bronze in the male and female individual kata respectively.



石偉雄 (體操)  
Shek Wai-hung (gymnastics)



鄭子文 (空手道)  
Cheng Tsz-man (karatedo)

## 賽艇

在二零一五年九月舉行的第十六屆亞洲賽艇錦標賽，成年隊奪得3面獎牌。是次錦標賽的參賽選手來自13個國家及地區，競爭十分激烈，香港最終亦能在獎牌榜佔一席位，由姊妹組合李嘉文和李婉賢在女子公開組及輕量級雙人雙槳艇賽事分別摘下銀牌和銅牌，羅曉鋒則在男子公開組單人艇奪得一面銅牌。

青少年隊方面，一眾後起之秀在二零一五年七月舉行的第二十一屆亞洲青少年賽艇錦標賽，為港取得2面獎牌。陳至鋒於青少年男子單人艇項目力克中國、日本及伊朗勁敵勇奪金牌，他其後再夥拍陳迪麟、周義評和林新棟出戰青少年男子四人雙槳艇項目，再奪1銀。

## 欖球

成年男子七人欖球隊於二零一五年九月及十月出戰2015亞洲七人欖球系列賽，經過中國、泰國及斯里蘭卡三站賽事後，取得總排名亞軍，穩佔亞洲強隊地位。此外，球隊於二零一五年十一月舉行的里約奧運亞洲七人欖球外圍賽奪得一面銀牌。

在二零一五年八月舉行的20歲以下亞洲七人欖球賽系列賽，男子20歲以下欖球代表隊承上屆佳績，再次以兩站全勝姿態封王，蟬聯總冠軍。香港隊在馬來西亞首站賽事大獲全勝，一星期後移師主場香港的第二站賽事，表現氣勢如虹，在八強及四強賽先後擊敗強隊阿聯酋和中國，最後於決賽力克馬來西亞奪得總冠軍。

## Rowing

The senior team competed in the 16<sup>th</sup> Asian Rowing Championships in September 2015, where they won 3 medals. The battles for podium places were keenly contested, with 13 nations or regions among the medal winners. Hong Kong was not left out, with Lee sisters, Ka-man and Yuen-yin, teaming up to win silver and bronze in the women's open and lightweight double sculls respectively, and Law Hiu-fung adding another bronze in the men's open single sculls.

For the junior team, Chan Chi-fung helped Hong Kong's up-and-coming rowers win 2 medals at the 21<sup>st</sup> Asian Rowing Junior Championships in July 2015, winning individual gold in the junior men's single sculls, and adding silver as part of the crew in the junior men's quadruple sculls. Chan saw off strong competition from the likes of China, Japan and Iran to take the individual gold, and combined with Chan Tik-lun, Chau Yee-ping and Lam San-tung to take second place in the quadruple sculls.

## Rugby

The senior men's rugby sevens team maintained their strong position among the Asian countries by placing second overall in the Asia Rugby Sevens Series 2015 after the three legs held in China, Thailand and Sri Lanka in September and October 2015. In November 2015, the team also won a silver medal at the Asia Rugby Sevens Qualifier for the Rio Olympic Games.

The men's under-20 rugby team also enjoyed a great run, retaining their Asian title by repeating their previous year's feat of winning every game on both legs of the Asian Rugby Under 20 Sevens Series in August 2015. Hong Kong swept the board in the first leg, held in Malaysia, and then did the same a week later on home soil, where they were crowned overall champions again, defeating Malaysia in the home final after dishing out heavy defeats to the United Arab Emirates and China in the quarter- and semi-finals.



左起：李嘉文和李婉賢（賽艇）  
From left: Lee Ka-man and  
Lee Yuen-yin (rowing)



麥堅力（中·欖球）  
Alexander McQueen (middle, rugby)



## 帆船

在獲得「A級」支援的首年，香港精英帆船運動員於多項國際賽事盡顯實力。在二零一五年九月舉行的國際帆聯世界盃帆船賽，陳羽婷和馮達才取得Nacra 17 Mixed雙體船項目銅牌。此外，湯潔芳和唐裔盛於二零一五年十月的Hobie亞洲錦標賽摘下Hobie16雙體船項目銀牌，銅牌則落入陳國鴻和古錦榮手中。

青少年隊在世界級賽事的成績同樣令人鼓舞。在二零一五年七月舉行的420世界錦標賽，Hugo Christensson夥拍Calum Gregor力克一眾世界級好手，奪得青少年420級公開組銅牌，而多名隊友於2015/16亞洲帆船運動總會青年盃系列帆船賽亦表現出色，以總成績1金1銀1銅完成賽事。

## 壁球

年度內，成年及青少年壁球隊均交出亮麗成績，合共贏得5金10銀9銅。

歐詠芝和歐鎮銘姊弟二人在二零一五年五月舉行的第十八屆亞洲壁球個人錦標賽雙踏上頒獎台，弟弟鎮銘更取得個人突破，成為首位在這項亞洲區最頂級賽事男單項目中稱王的香港球手，而姊姊詠芝則勇奪女單亞軍。此外，歐鎮銘在中國壁球公開賽贏得一面男單銅牌，而歐詠芝則在德克薩斯州壁球公開賽、澳洲壁球公開賽及澳門壁球公開賽勇奪1銀2銅。

青少年壁球隊亦取得佳績，在本地和海外主要大賽贏得4金8銀6銅。於二零一五年六月舉行的馬來西亞青少年公開賽，陳善鈺和蔡宛珊分別贏得女子13及19歲以下項目銀牌。同年八月的2015香港青少年壁球公開賽，區立文、蔡宛珊、羅逸朗和雷曉琳均在所屬年齡組別項目摘冠。狀態大勇的壁球隊其後參加八月舉行的第二十二屆亞洲青少年壁球個人錦標賽，並由蔡宛珊、雷曉琳和陳匯棋各得一面銀牌。



歐鎮銘 (壁球)  
Au Chun-ming (squash)

## Sailing

In their first year as a Tier A sport, Hong Kong's elite sailors proved their mettle on the international stage, with Chan Yu-ting and Fung Tat-choi winning a bronze medal in the Nacra 17 mixed event at the ISAF Sailing World Cup in September 2015. The team also enjoyed a successful trip to the Hobie Asian Championships in October 2015, where Tong Kit-fong and Tong Yui-shing took silver, and Chan Kwok-hung and Ku Kam-wing a bronze in the Hobie 16 event.

The junior team was no less impressive and performed outstandingly at the world level, achieving the first-ever medal for Hong Kong at the 420 Class World Championships in July 2015, when Hugo Christensson and Calum Gregor took on the world's best and brought home a bronze medal in the junior 420 open event. The junior sailors also brought home 1 gold, 1 silver and 1 bronze medal from the ASAF Youth Sailing Cup Series 2015/16.

## Squash

It was a successful year for both the senior and junior squash teams, who brought home a total of 5 gold, 10 silver and 9 bronze medals.

The Au siblings put on a strong performance at the Asian Championships, winning 2 medals at the 18<sup>th</sup> Asian Individual Squash Championships in May 2015. Younger brother Chun-ming made a personal breakthrough, becoming the first Hong Kong squash player to win the men's singles title at the top regional event, while sister Wing-chi took silver in the women's singles. Chun-ming also won a bronze medal in the men's singles at the Stars on the Bund China Open, while Wing-chi added 1 silver and 2 bronze to her medal tally at the Texas Open, Australian Open and Macau Open in 2015.

The junior squash team also had great success, with major tournaments at home and abroad yielding 4 gold, 8 silver and 6 bronze medals. First up was the Penang (Malaysian) Junior Open in June 2015, where Chan Sin-yuk and Choi Uen-shan won silver in the girls under 13 and under 19 events respectively. At the Hong Kong Junior Squash Open in August 2015, Au Lap-man, Choi Uen-shan, Law Yat-long and Lui Hiu-lam all took the top prizes in their respective age categories. The team then carried the same form to the 22<sup>nd</sup> Asian Junior Individual Championships in August 2015, where Choi, Lui and Chan Wui-ki each won a silver medal.



左起：湯潔芳和唐裔盛 (帆船)  
From left: Tong Kit-fong and Tong Yui-shing (sailing)

## 游泳

年度內，多名成年隊隊員在個人項目均有出色表現，當中謝旻樹在二零一五年九月舉行的國際泳聯世界盃游泳賽勇奪男子50米蝶泳金牌和自由泳銀牌，亦是首次在世界盃賽事贏得獎牌。此外，張栩愨和施幸余分別在女子50米蛙泳及100米蝶泳摘下一面銅牌。

青少年泳手在二零一五年十月舉行的第八屆亞洲分齡游泳錦標賽亦取得令人振奮的成績，在15至17歲組別贏得4銀4銅。當中以譚凱琳的成績最為突出，分別奪得女子50米及100米自由泳銀牌和銅牌，並與隊友合作在三個接力項目中取得獎牌。

## 乒乓球

成年隊在世界及亞洲錦標賽，以及多項國際乒聯世界巡迴賽取得卓越成績。

在2015世界乒乓球錦標賽，杜凱琨和黃鎮廷贏得混合雙打銅牌。後者在第二十二屆亞洲錦標賽再下一城，獲得男子單打季軍，而女子隊亦於雙打及團體項目摘下2面銅牌。

在國際乒聯世界巡迴賽方面，球隊共奪得5金9銀19銅，當中後起之秀何鈞傑贏得2金4銀3銅，而大師姐帖雅娜則摘下1金2銀6銅。

青少年運動員亦收穫甚豐。在2015年世界青少年乒乓球錦標賽，何鈞傑分別與吳柏男和蘇慧音合作，贏得男子青少年雙打及青少年混合雙打銅牌，並夥拍吳柏男、關文皓和李逸軒摘下男子青少年團體銅牌。在2015國際乒聯世界青少年巡迴賽總決賽，朱成竹力壓一眾對手，勇奪女子青少年單打冠軍。

此外，青少年隊在2015亞洲青少年錦標賽及其他國際乒聯青少年巡迴賽合共奪得8金7銀16銅，盡展優厚潛質。



施幸余 (游泳)  
Sze Hang-yu  
(swimming)

## Swimming

The senior team had some impressive individual performances during the year. Geoffrey Cheah won a gold and a silver for the first time in a World Cup event, in the men's 50m butterfly and freestyle events respectively at the FINA Swimming World Cup in September 2015. Cheung Hui-yan and Sze Hang-yu each took a bronze medal in the women's 50m breaststroke and 100m butterfly events respectively.

The junior swimmers enjoyed a successful trip to the 8<sup>th</sup> Asian Age Group Swimming Championships in October 2015, returning with 4 silver and 4 bronze medals in the 15 to 17 years category. Tam Hoi-lam stood out with an impressive 2 individual medals (silver in the girls' 50m freestyle and bronze in the 100m freestyle), and 3 more medals with her teammates in the relay events.

## Table Tennis

The senior team had excellent results at both the World and Asian Championships and on the ITTF World Tour.

Doo Hoi-kem and Wong Chun-ting teamed up to win a bronze medal in the mixed doubles event at the World Table Tennis Championships 2015. Wong also enjoyed an impressive run in the men's singles at the 22<sup>nd</sup> Asian Table Tennis Championships, taking bronze. The team also won two more bronze medals in the women's doubles and team events.

There was further success for the senior team on the ITTF World Tour, where they won 5 gold, 9 silver and 19 bronze medals. Young talent Ho Kwan-kit led the way, winning 2 gold, 4 silver and 3 bronze medals, while veteran Tie Yana won 1 gold, 2 silver and 6 bronze medals.

The junior team also had a successful year. Ho Kwan-kit helped the team fight their way to the podium at the World Junior Table Tennis Championships 2015, partnering with Ng Pak-nam in the junior boys' doubles and Soo Wai-yam in the junior mixed doubles to win 2 bronze medals. The junior boys also took bronze in the team event, with Ho and Ng joined by Kwan Man-ho and Lee Yat-hin. Zhu Chengzhu was no less impressive, winning a gold medal in the junior girls' singles at the ITTF World Junior Circuit Finals 2015.

Hong Kong's young table tennis prospects also performed well at the Asian Junior & Cadet Table Tennis Championships 2015 and on the ITTF Junior Circuit, winning a total of 8 gold, 7 silver and 16 bronze medals.



左起：杜凱琨和黃鎮廷  
(乒乓球)

From left: Doo Hoi-kem  
and Wong Chun-ting  
(table tennis)

### 網球

在二零一五年五月及九月分別於武漢及珠海舉行的兩項ITF女子網球巡迴賽50K賽事，張玲於女子單打項目均取得銅牌。

青少年隊方面，唐嘉傑夥拍王康傑在二零一六年三月舉行的LTAT ITF青少年網球賽（第一級）贏得男子雙打銀牌，二人接著在同月舉行的第二十七屆砂拉越酋長杯國際網球總會青少年網球錦標賽（第一級）同一項目再奪一銅。

在其他亞洲區的比賽，青少年隊共摘下10金4銀9銅。

### 保齡球

保齡球運動員胡兆康為香港創下歷史，在二零一五年十一月舉行的第五十一屆QubicaAMF保齡球世界盃奪金，成為首位贏得業餘界保齡球世界冠軍的香港球手。

翌年三月，胡兆康保持極佳狀態出戰亞洲保齡球巡迴賽巴林站，奪得一面公開賽銅牌。其他隊員在多個分站賽事的男子組項目亦有出色表現，當中麥卓賢和劉冠濠在二零一五年六月的澳門站分別贏得金牌和銅牌，張或峯在八月的香港站取得銀牌，麥卓賢在十月的印尼站增添一面銅，而甘兆麟和曾德軒則在十二月的沙特阿拉伯站分別獲得銀牌和銅牌。

此外，保齡球隊在其他國際比賽共摘下6面獎牌。在二零一五年六月舉行的中國澳門國際保齡球公開賽，張或峯奪得青少年公開賽金牌，而隊友謝晉軒和黃鈞源則分別摘下銀牌和銅牌。在八月舉行的第四十一屆香港國際保齡球公開賽，余浩彥贏得青少年公開賽銀牌，而麥卓賢則取得男子公開組銅牌。在十月舉行的第十三屆印尼國際公開保齡球錦標賽，麥卓賢再下一城，奪得銀牌。

### Tennis

At the senior level, Zhang Ling won 2 women's singles bronze medals in two \$50,000 events on the ITF Women's Circuit, held in Wuhan and Zhuhai in May and September 2015 respectively.

The junior team had impressive results too, with Anthony Tang teaming up with Wong Hong-kit to win a silver medal in the boys' doubles at the LTAT ITF Junior (Grade 1) event in March 2016. The duo then continued their impressive form to win a bronze medal at the 27<sup>th</sup> Sarawak Chief Minister's Cup (I) ITF Junior Tennis Championships (Grade 1) in the same month.

In other regional competitions, the junior team also collected a total of 10 gold, 4 silver and 9 bronze medals.

### Tenpin Bowling

Tenpin bowler Wu Siu-hong made history for Hong Kong, beating the world's best at the 51<sup>st</sup> QubicaAMF World Cup in November 2015 to become the first-ever Hong Kong winner at the most coveted tournament in amateur bowling.

Wu continued his good form on the Bahrain leg of the ABF Tour in March 2016, winning a bronze medal in the open event. Other team members also performed well on the tour in the men's event category, with Mak Cheuk-yin and Lau Kwun-ho winning gold and bronze respectively on the Macau leg in June 2015, Cheung Yuk-fung taking silver on the Hong Kong leg in August 2015, Mak adding a bronze in Indonesia in October 2015, and Kam Siu-lun and Tseng Tak-hin winning silver and bronze respectively on the Saudi Arabia leg in December 2015.

The bowling team also added 6 medals to their tally at other international competitions. At the Macau China International Open Tenpin Bowling Championships in June 2015, Cheung Yuk-fung won the youth open title, while Tse Chun-hin and Wong Kwan-yuen finished second and third respectively. At the 41<sup>st</sup> Hong Kong International Open Tenpin Bowling Championships in August 2015, Yu Ho-yin won a silver medal in the youth open event, while Mak Cheuk-yin took bronze in the men's open event. Mak also took silver at the 13<sup>th</sup> Indonesia International Open Bowling Championships in October 2015.



張玲（網球）  
Zhang Ling (tennis)



麥卓賢（保齡球）  
Mak Cheuk-yin (tenpin bowling)

### 滑浪風帆

滑浪風帆隊在二零一五年十二月舉行的RS:One世界錦標賽獨佔鰲頭，由李俊霆及魏瑋恩分別於男子組及女子組奪魁，港隊連續三年包辦兩個組別的冠軍，而二零一四年的女子組冠軍馬君正亦取得女子個人組別銀牌。繼鄭國輝於之前兩屆世界賽男子組稱王，以及盧善琳於二零一三年世錦賽及亞錦賽勇奪女子組冠軍後，港隊在今屆世界錦標賽的佳績進一步鞏固香港近年在RS:One項目的世界級強隊地位。

成年隊在二零一五年十月舉行的亞洲滑浪風帆錦標賽亦有優秀表現，梁灝雋和李俊霆分別奪得RS:X 男子組金牌和銀牌，而魏瑋恩則於RS:X 女子組奪銀。

此外，盧善琳和鄭俊樑在二零一六年三月舉行的2016 ASAF亞洲錦標賽分別贏得RS:X 女子組金牌和RS:X男子組銀牌。

### 武術

在二零一五年十一月舉行的第十三屆世界武術錦標賽，成年隊創出歷來最佳成績，為港隊贏得5金4銀1銅共10面獎牌。耿曉靈個人奪得女子長拳及棍術2面金牌，而鄭天慧和袁家瑩則攜手取得女子對練金牌，並分別在雙劍及南棍項目贏得金牌和銀牌。世界武術錦標賽每兩年舉辦一次，在武術隊的共同努力下，香港在今屆比賽名列獎牌榜第四位。

青少年隊的成績亦同樣出色，在二零一五年八月舉行的第八屆亞洲青少年武術錦標賽囊括7金7銀2銅。劉子龍在男子乙組南刀、南棍及南拳連掃3金，其他奪金功臣還包括劉紫康（男子甲組刀術）、沈曉榆（女子乙組刀術）、王天恩（女子丙組初級槍術），以及歐陽佩好和羅芯潔（女子甲組對練）。

### Windsurfing

The windsurfing team starred at the RS:One World Championships in December 2015, winning the top titles in both the men's and women's competitions for the third year in a row. Lee Chun-ting took the men's title and Ngai Wai-yan the women's. Ma Kwan-ching, the 2014 champion, finished behind Ngai for silver. The results strengthened Hong Kong's position as one of the top RS:One teams in the world in recent years, with Cheng Kwok-fai being crowned men's world champion in the previous two years, and Lo Sin-lam winning the world and Asian women's titles in 2013.

Earlier, the senior team also won 1 gold and 2 silver medals at the Asian Windsurfing Championships in October 2015, with Leung Ho-tsun and Lee Chun-ting taking gold and silver respectively in the men's RS:X event, and Ngai Wai-yan winning silver in the women's RS:X.

At the ASAF Asian Championship in March 2016, Lo Sin-lam won a gold medal in the women's RS:X event, while Cheng Chun-leung won a silver in the men's RS:X.

### Wushu

The senior team came back from the 13<sup>th</sup> World Wushu Championships in November 2015 with its best-ever results of 10 medals, including 5 gold and 4 silver and 1 bronze. Geng Xiaoling starred with 2 individual golds in the women's changquan and gunshu events. Zheng Tianhui and Yuen Ka-ying won two medals each, teaming up for gold in the women's duilian, while Zheng won gold in the shuangjian, and Yuen took silver in the nangun. Their efforts, along with the rest of the team's, pushed Hong Kong to fourth in the medal table at the biennial event.

The junior team also had a productive year, winning 7 gold, 7 silver and 2 bronze medals at the 8<sup>th</sup> Asian Junior Wushu Championships in August 2015. Lau Chi-lung won 3 gold medals in group B, one each in the boys' nandao, nangun and nanquan. Gold medals also went to Lau Tsz-hong (boys' daoshu A), Sham Hui-yu (girls' daoshu B), Wang Tin-yan (girls' qiangshu C), and Au Yeung Pui-yue and Lor Sum-lok (girls' duilian A).



鄭俊樑 (滑浪風帆)  
Cheng Chun-leung (windsurfing)



袁家瑩 (武術)  
Yuen Ka-ying (wushu)

### 「B級」支援精英體育項目

年度內，多個「B級」支援精英體育項目的運動員在國際比賽取得優異成績。體育舞蹈隊在2015 ADSF亞洲體育舞蹈專項錦標賽奪得1金1銅，而龍舟隊則於第十二屆世界龍舟錦標賽贏得2面銀牌。滾軸運動方面，陳文豐於2015巴黎自由式輪滑世界盃為香港取得青年男子組速度繞樁項目金牌。此外，三項鐵人郭汝鏗在2015亞洲三項鐵人錦標賽榮登男子青年組冠軍。

### 殘障人士體育項目

年度內，殘障運動員成績出眾，在多項國際比賽贏得合共11金18銀23銅。

在第四屆INAS環球運動會，智障運動員於游泳及乒乓球項目勇奪6金9銀8銅的佳績。在第四屆國際智障人士體育聯盟室內賽艇錦標賽，蔡家銘於男子個人500米項目刷新世界紀錄奪冠，以及於男子個人1,000米摘銀。

傷殘運動員同樣在世界級比賽為港增光，輪椅劍擊隊在匈牙利舉行的2015 IWAS輪椅劍擊世界錦標賽贏得1金1銀2銅，當中由陳蕊莊、范珮珊、吳舒婷和余翠怡組成的女子隊盡展實力，奪得團體花劍金牌和重劍銀牌。此外，輪椅劍擊隊在IWAS輪椅劍擊世界盃分站賽事，合共贏得4銀8銅。

羽毛球和硬地滾球隊亦揚威世界，陳浩源在2015 BWF殘疾人羽毛球世界錦標賽贏得WH2級男子單打及雙打銅牌，梁育榮則取得2016 BISFed 硬地滾球世界個人錦標賽季軍。硬地滾球隊亦於2015 BISFed 硬地滾球世界公開賽奪得1金1銀，以及於2015 BISFed哥倫比亞世界硬地滾球公開賽摘下1金1銀2銅。



蔡家銘 (右，室內賽艇 - 香港智障人士體育協會)  
Tsoi Ka-ming (right, indoor rowing, Hong Kong Sports Association for Persons with Intellectual Disability)

體院獎學金運動員於國際多項運動會及國際比賽中的傑出成績請參閱附錄一及二。

### Tier B Sports

Athletes of Tier B sports delivered promising results at international competitions during the year. The dance sports team won 1 gold and 1 bronze at the ADSF Asian Single Dance Championships 2015, while the dragon boat team took 2 silver medals at the 12<sup>th</sup> World Dragon Boat Championships. In roller sports, Chan Man-fung brought home a gold medal in the junior men's speed slalom event from the Paris Slalom World Cup 2015. Triathlete Kok Yu-hang also finished at the top of the podium in the junior men's event at the New Taipei ASTC Triathlon Asian Championships 2015.

### Sports for Athletes with Disabilities

Athletes with disabilities had another impressive year, winning 11 gold, 18 silver and 23 bronze medals overall at international competitions.

In sports for athletes with intellectual disabilities, Hong Kong won an impressive 6 gold, 9 silver and 8 bronze medals in swimming and table tennis events at the 4<sup>th</sup> INAS Global Games, while rower Tsoi Ka-ming starred at the 4<sup>th</sup> INAS World Indoor Rowing Championships, setting a new world record to win the men's individual 500m event and earning silver in the individual 1,000m.

There was great success at the world level for Hong Kong in sports for athletes with physical disabilities. The wheelchair fencing team returned from Hungary as world champions, winning 1 gold, 1 silver and 2 bronze medals at the IWAS Wheelchair Fencing World Championships 2015. Leading the way was the women's team of Chan Yui-chong, Fan Pui-shan, Justine Ng and Yu Chui-ye, who combined for team gold in the foil and silver in the epee. In addition, the team won a total of 4 silver and 8 bronze medals at the IWAS Wheelchair Fencing World Cup events.

The badminton and boccia teams also shone on the world stage, with Chan Ho-yuen winning 2 bronze medals in the WH2 men's singles and doubles events at the BWF Para-Badminton World Championships 2015, and Leung Yuk-wing taking bronze at the BISFed Individual World Championships 2016. The boccia team also collected 1 gold and 1 silver medal at the BISFed World Open 2015, and 1 gold, 1 silver and 2 bronze at the BISFed Colombia World Open 2015.



左起：陳慶璋和田麗琪 (體育舞蹈)  
From left:  
Chan Hing-wai and Tin Lai-ki  
(dance sports)

The major achievements of HKSI Scholarship Athletes at Multi-Sport Games and international competitions are detailed in Annexes 1 and 2.